

# MONDAY



## SDN Playlinks Playgroup

Children aged under 5 & Carers

**WHERE:** Karabi Neighbourhood  
Cottage, 1 Lurgan Street

Constitution Hill

**TIME:** 10:00am - 12:00pm

*Morning tea provided*

*Starts: 30th July*

## Homework Support



**WHERE:** Karabi Neighbourhood  
Cottage, 1 Lurgan Street,

Constitution Hill

**Register your interest to  
attend. Start date to be advised**

## VOLUNTEERS WANTED

To Help for Kids Activities,  
Food Giveaway and School  
Holiday Programs and much  
more.

PLEASE CONTACT Kati on  
9631 7055 or  
email: [cdwknc@karabi.org.au](mailto:cdwknc@karabi.org.au)

# TUESDAY



## Breakfast Club

**WHERE:** Toongabbie East

Public School

**TIME:** 8:00am-9:00am

**Starts:** 24th July



## PLAYGROUP

Children aged under 5 & Carers

**WHERE:** Constitution Hill  
Library

**TIME:** 10:00am-11:00am

Followed by Story Time

**11:00am-12:00pm**

*Gold Coin Donation*

**Starts:** 24th July



## FOOD GIVEAWAY (Bread, Milk, Fruit & Veg)

**WHERE:** Karabi Neighbourhood

Cottage, 1 Lurgan Street,

Constitution Hill

**TIME:** 12:00 - 2:00pm

*Gold Coin Donation*

# WEDNESDAY



## Beginner Computer Class

**WHERE:** Constitution Hill

Library

**TIME:** 12:30- 2:00pm

**Starts:** 25th July



## CUBBY HOUSE

KINDY - YR 6

**WHERE:** Karabi  
Neighbourhood Cottage,  
1 Lurgan St,  
Constitution Hill

**TIME:** 3:15 - 4:30pm

*Afternoon tea provided*

*Starts: 1st August*



## MONTHLY FOODBANK

Last Wednesday of the month

**WHERE:** Karabi Neighbourhood  
Cottage, 1 Lurgan Street,  
Constitution Hill

**TIME:** 2:00pm—2:30pm

Registration & prepayment  
By Monday prior to Foodbank  
delivery

**\$24.00 per month**

# THURSDAY

## No Community Development Programs



## Senior Social Outing

**Monday 23rd July**

Trip to Lane Cove National Park

**TIME:** 9:00am - 2:30pm

Meet at 9.15am @ Constitution  
Hill Library

Tea/coffee provided

**Cost: \$16 plus BYO lunch**

# FRIDAY



## MUMS & BUBS GROUP

**WHERE:** Karabi Neighbourhood  
Cottage, 1 Lurgan Street,  
Constitution Hill

**TIME:** 12:30 - 2:30pm

*Start Date: 10th August*

*Morning Tea Provided*



## FURTHER INFORMATION

Many programs have limits on the amount of people they can take per session.

Activities are subject to change throughout the term.

Priority is given to residents of the Parramatta, Cumberland LGA.

Contact Karabi Constitution Hill for information:

**(02) 9631-7055**



## Services Provided by Karabi Community & Development Services Inc

**Wentworthville Office** 9631 6575

Social Support Services  
Community Development Services  
General Information & Referral Services

**Seven Hills Office** 9688 1084

Social Support Services  
Community Development Services  
Youth & Family Support Services  
General Information & Referral Services

**Constitution Hill** 9631 7055

Community Development Services  
Youth & Family Support Services  
General Information & Referral Services

Drop-in Services 9631 6575  
Mini-Bus Hire Services  
Meeting Room Services

## Contact details

For more information,  
please contact **Kati Tsilfidis**  
**Community Development Worker**  
Ph: 9631 7055



**OFFICE TRADING HOURS**  
**Monday- Friday 9:00am- 5:00pm**  
**PO Box 181 Pendle Hill 2145**

## 24 HOUR SERVICES

Crime Stoppers	1800 333 000
Lifeline	131 114
Kids Help Line	1800 551 800
NSW Rape Crisis Centre	1800 424 017
Child Abuse Prevention Services	1800 688 009
Westmead Hospital	9845 5555
Westmead Children's Hospital	9845 0000
The Poisons Information Centre	131 126
Sydney Water	132 090
Suicide Call Back Service	100 659 467

Karabi Community & Development Services is a community based organisation working to support and strengthen the local community through a range of programs and services in the Wentworthville area and its surrounding suburbs.

Karabi programs & activities are cost effective, and are designed to benefit children & carers/parents with their overall wellbeing. Programs concentrate on skill development and social inclusion.

## NDIS

NDIS commenced on July 1 2016 and aims to give people with a disability and their carers more choice and control over the support they receive.

Karabi Community & Development Services Inc. is an NDIS registered provider for: (provider registration no: 89137483)

- Participation in community, social and civic activities
- Development of daily living and life skills
- Assistance with daily personal activities and Daily living Skills.
- Domestic Assistance

Contact **NDIS** to access your eligibility on 1800 800 110 or visit their website [www.ndis.gov.au](http://www.ndis.gov.au). You can also visit us at Karabi - 29 Aleta Way Seven Hills for more information. We can help you through the process of determining your eligibility.



KARABI COMMUNITY  
AND DEVELOPMENT  
SERVICES INC.

## Constitution Hill

## Community Development Programs

## Term 3 - 2018



**PHONE: 9631 7055**  
1 Lurgan Street, Constitution Hill  
[www.karabi.org.au](http://www.karabi.org.au)