

What services are Provided by Karabi Youth and Family Support Services

Advice and support:

This involves a one off consultation for young people and their families, so that they can explore their options and seek the assistances they need to achieve their goals.

On going Support through Case Management:

This involves making an appointment with a Karabi Youth and Family Support Worker. With the Support Worker a young person can explore their options in a safe, fun, friendly and respectful environment. The Support Worker can then support the young person and their families to plan the steps to achieving their goals and link them with supportive pathways.

Skilled Focused Training and programs:

This includes programs which young people build develop life skills needed for a healthy and safe future. Such life skills include relationship development, self-help strategies, career and employment and psychosocial support.

How can Karabi Youth and Family support help young people?

Karabi Youth and Family Support can help young people with:

- Achieving their goals.
- Providing links to information and services that assist young people in achieve their goals.
- Developing case plans with young people.
- Strengthening, their relationship with family, friends and the community.
- Providing support with education, employment and training opportunities.
- Support young people in coping with hard times.
- Provide a Safe, Friendly, Fun and Respectful environment.
- Supporting young people in developing skills that they need in taking control

Who can get involved?

Families with young people who are experiencing vulnerabilities that could impact on their safety, happiness and wellbeing if not addressed.

How can you get involved?

There are two ways young people can get involved:

- You can make a self referral, which involves calling or popping into one of the Karabi Neighbourhood Cottages and making an appointment with the Karabi Youth and Family support Case Worker.
- Referrals can be made from either a parent, teacher, social worker or counsellor.

NDIS Program Services

Karabi Community & Development Services Inc is an NDIS registered provider. (Provider Registration no: **89137483**) Please contact one of our friendly staff for information regarding eligibility & services.

CONTACT US:

Alison Becroft (Youth Case Worker)

Karabi Neighbourhood Cottage Toongabbie/
Seven Hills

29 Aleta Way, Seven Hills NSW 2147

Ph: 9688 1084

(Monday - Friday)

Coralie Griffiths (Youth Case Worker)

Karabi Neighbourhood Cottage Constitution
Hill

1 Lurgan St, Constitution Hill NSW 2145

Ph: 9631 7055

(Monday—Friday)

Website: www.karabi.org.au

GENERAL INFORMATION:

OFFICE TRADING HOURS

Monday	9:00am - - 5:00pm
Tuesday	9:00am - - 5:00pm
Wednesday	9:00am - - 5:00pm
Thursday	9:00am - 5:00pm
Friday	9:00am - 5:00pm

Karabi Community & Development Service Inc
P.O. Box 181
Pendle Hill NSW 2145

Karabi Youth and Family Support

KYFS is a project of



Karabi
Community & Development Services Inc

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Services



**KARABI COMMUNITY
AND DEVELOPMENT
SERVICES INC.**

Karabi Youth and Family Support Services

EMERGENCY CONTACTS

Crime Stoppers	1800 333 000
Lifeline	131 114
Kids Help Line	1800 551 800
NSW Rape Crisis Centre	1800 424 017
Child Abuse Prevention Services	1800 688 009
Westmead Hospital	9845 5555
Westmead Children's Hospital	9845 0000
The Poisons Information Centre	131 126
Sydney Water	132 090
Suicide Call Back Service	1300 659 467
State Emergency Services	132 500
Dept of Immigration & Border Protection	131 881
Immigrant Advice and Rights Centre	8234 0799

PHONE: 9631 6575

FAX: 9636 5428

Visit us on: www.karabi.org.au