

Experience the joy! Enjoy the experience! Volunteer today

Top 10 reasons to Volunteer:

1. You make a difference;
2. Volunteering encourages responsibility;
3. You get a chance to give back;
4. You learn a lot;
5. Volunteering strengthens your community;
6. It promotes personal growth and self esteem;
7. It brings people together;
8. Volunteers gain professional experience;
9. It saves resources;
10. It's good for you!

WHAT CAN I DO?

- ◆ You can help with School Holiday Programs;
- ◆ On going commitment of 2 hours per fortnight;
- ◆ Take client(s) shopping, medical appointments or activities, centre based or external - refer to Social Support flyer;
- ◆ Assist with centre based activities and client transport;
- ◆ Assist with preparation of events and community participation; and
- ◆ Volunteer your time with flyer and newsletter hand outs.



Volunteering can provide career experience. Volunteering offers you the chance to try out a new career without making a long-term commitment. It is also a great way to gain experience in a new field. In some fields, you can volunteer directly at an organisation that does the kind of work you're interested in.