## What Will You Get Out Of Volunteering







# **VOLUNTEER** FLYER

# **VOLUNTEERS** A GIFT TO THE COMMUNITY

#### You can.....

- **Build new skills.**
- Meet new people.
- **Explore new situations &** challenges.
- Feel a sense of personal fulfillment.
- Add variety to your work experience.
- **Really contribute to YOUR** community.

Postal Address: P.O Box 181 Pendle Hill NSW 2145 Email admin@karabi.org.au Website: www.karabi.org.au

Wentworthville Office: (Head Office) Cnr. Fyall Av & Darcy Rd Wentworthville2145 Phone: 9631 6575 Fax: 9636 5428

Seven Hills Office: Karabi Neighbourhood Cottage - Seven Hills (TNC) 29 Aleta Way Seven Hills 214 Phone: 9688 1084 Fax: 9896 3175

> Constitution Hills Office: Karabi Neighbourhood Cottage (KNC) 1 Lurgan St. Constitution Hill. 2145 Phone: 9631 7055 Fax: 9631 7066

# Experience the joy! Enjoy the experience! Volunteer today

## **Top 10 reasons to Volunteer:**

- 1. You make a difference;
- 2. Volunteering encourages responsibility;
- 3. You get a chance to give back;
- 4. You learn a lot;
- Volunteering strengthens your community;
- It promotes personal growth and self esteem;
- 7. It brings people together;
- Volunteers gain professional experience;
- 9. It saves resources;
- 10. It's good for you!

## **WHAT CAN I DO?**

- You can help with School Holiday Programs;
- On going commitment of 2 hours per fortnight;
- Take client(s) shopping, medical appointments or activities, centre based or external - refer to Social Support flyer;
- Assist with centre based activities and client transport;
- Assist with preparation of events and community participation; and
- Volunteer your time with flyer and newsletter hand outs.





Volunteering can provide career experience.
Volunteering offers you the chance to try out a new career without making a long-term commitment. It is also a great way to gain experience in a new field. In some fields, you can volunteer directly at an organisation that does the kind of work you're interested in